



MEDICATION MANAGEMENT

WHAT IS MEDICATION MANAGEMENT?

Medication Management can be provided by a primary care physician, pediatrician, psychiatrist, physician assistant, psychiatric mental health nurse practitioner, or a family nurse practitioner. Medication Management offers youth and families with coordination and support with prescribing, administration, and/or monitoring of medications intended for treatment and management of behavioral and emotional health.

WHO IS ELIGIBLE?

Children and youth up to age 21 with [MaineCare](#) (or those under age 19 with MaineCare's [Katie Beckett waiver option](#)) with a mental health diagnosis or developmental disability and is prescribed medications for their behavioral or emotional health needs. Also available for self pay or private insurance.

HOW DOES MEDICATION MANAGEMENT HELP?

Medication Management can be one piece of improving a youth's behavioral and emotional health. The Medication Management team can:

- Provide education on medications that can reduce symptoms
- Work with youth, families, and other behavioral health providers to identify helpful medication options
- Monitor medications and track symptom changes
- Coordinate prescribed medications and evaluate possible side effects
- Work with youth, families, and other behavioral health providers to adjust medications
- Work in collaboration with other services, including therapy and primary health care, to help improve outcomes

HOW TO ACCESS MEDICATION MANAGEMENT SERVICES

For more information about Medication Management talk to your targeted care coordinator or other provider, visit the [Children's Behavioral Health website](#) or scan the QR code.

To find out if you are eligible for Medication Management, you or your care coordinator or provider can make a referral by calling the agency in your area who offers Medication Management services. To find a medication management provider, click [here](#).

If you do not have [a care coordinator](#), contact the [CBHS Family Information Specialist](#) or a local [Family Support Organization](#) for assistance.



Information about medications is frequently updated.

Check these websites:

www.medlineplus.com

www.nimh.nih.gov

www.drugs.com